

Rationale

The emotional and physical wellbeing of our students is pivotal to their success at the College and in their future lives. Physically and emotionally healthy students are happy, able to deal positively with life's challenges, experience a sense of connectedness with the College and others and are well placed to develop into well balanced and successful young adults.

Aims

- To provide an educational environment which recognises our College values (Resilience, Relationships, Respect, Responsibility) and builds student wellbeing.
- To develop students who are physically and emotionally healthy.
- The College acknowledges that enhanced student wellbeing contributes significantly to improve student learning outcomes.

Implementation

1. Overview

- 1.1. A mutually supportive approach between home and the College is essential to each students wellbeing.
- 1.2. Our College values and encourages student individuality, differences and diversity.
- 1.3. A culture of positive reinforcement and encouragement permeates all facets of our College.
- 1.4. The College's website and student diary (Middle/Senior Years) provides guidelines for managing and supporting student wellbeing.
- 1.5. A Student Wellbeing team oversees the whole college Student Wellbeing strategy. External agencies are utilised to support this team where needed.
- 1.6. Strategies detailed within the 'Framework for Student Support Services in Victorian Government Colleges' are in place across the College. Strategies from the *Effective Colleges are Engaging Colleges - Student Engagement Policy Guidelines* are used to promote student engagement, attendance and positive behaviours within our College.
- 1.7. The College accesses Department of Education regional and network staff with wellbeing and/or welfare expertise as required.
- 1.8. The College has an active Student Representative Council formed at the beginning of each year to support the College's wellbeing strategy as required.
- 1.9. Student work and achievements are regularly showcased and publicly recognised.

2. Students

- 2.1. Programs that provide for the emotional health of students, such as the College's 'Personal Enrichment Program' underpins our curriculum.
- 2.2. The College is committed to providing peer support to enable students to play an active role in improving student wellbeing.
- 2.3. The curriculum is broad, provides for the needs of individual students and is developed to cater for different learning requirements.
- 2.4. Programs dealing with issues such as Drug Education form part of the College's Student Wellbeing program.

- 2.5. The College provides extra curricula opportunities during lunchtime, before and after school to engage students and develop their connectedness to the College.

3. Staff

- 3.1. Staff are provided with professional development regarding student wellbeing, the implementation of wellbeing programs, and the resolution of wellbeing issues to identify and develop processes for the delivery of early intervention and primary prevention.
- 3.2. Staff are provided with opportunities for meaningful participation, positive feedback and reflective practices to manage their students, both academically and behaviourally.
- 3.3. The College provides staff with training and resources to approach their work with confidence and enthusiasm. This is achieved through the implementation of health and wellbeing programs to improve morale, workplace safety and job satisfaction e.g. FISH Philosophy (make their day, play, choose your attitude, be there)

4. Parents

- 4.1. The College's staff and Wellbeing team are available to work with families to support their role in student wellbeing.

Related Policies / Documents

This policy should be read in conjunction with the College's 'Website' and 'Student Diary'.

Evaluation

This policy was reviewed in term 3 of 2017

This policy will be reviewed as part of the College's annual review cycle