

## Rationale

Students eat regularly throughout the school day, but to ensure the safety of students with life threatening allergies and other health conditions, eating needs to be managed appropriately.

## Aims

To provide guidelines for effective management, control and communication of the College's activities in relation to food consumption.

## Implementation

### 1. Background

- 1.1. Students at our school typically bring (or purchase from the canteen) food for morning tea, and for lunch.
- 1.2. In addition, students are able to eat brain food (fresh fruit or vegetables) and drink water during classes.

### 2. Junior School

- 2.1. Students are to eat morning tea and lunch in the classroom during designated eating times.
- 2.2. If for any reason, students do not finish eating their food in the classroom, they are required to finish eating in a designated outside area or take the unfinished food home.
- 2.3. Students who purchase food from the canteen during recess or lunchtime must eat it in the designated outside area.
- 2.4. Students are not permitted to wander around the College eating food at recess or lunch times.
- 2.5. Students found wandering the College grounds and eating food will be managed in a manner consistent with the College's Code of Conduct.

### 3. General Guidelines

- 3.1. Due to issues relating to anaphylaxis, allergies, diabetes etc, students are not to swap or share food with others, and are not to be provided with food from the College that parents have not supplied or approved.
- 3.2. Rubbish bins are placed in each classroom and in the designated outside area to minimise the risk of exposure.
- 3.3. All College activities, excursions and camps etc will involve detailed information to parents regarding the food menu, and will require parent approval.
- 3.4. Throughout the year, there will be occasions where students will be involved in shared food experiences. These activities are curriculum activities. Food related curriculum activities must adhere to a detailed risk assessment plan that is presented to the College leadership team.
- 3.5. Allowances for dietary requirements will be made during food related curriculum activities, camps and excursions.
- 3.6. We will continue to celebrate special events such as Birthdays, Christmas and Easter, however, food will not be part of these celebrations. Parents are asked to refrain from providing edible treats such as chocolate easter eggs, birthday cakes and sweets for their

child to share with classmates. Parents and teachers will be encouraged to provide an alternative such as stickers, stationery items, and small gifts.

#### **4. Education and Awareness**

- 4.1. Parents will be notified of any specific food allergies of students in that grade and are discouraged from providing foods of that nature where possible (eg. Tree Nuts).
- 4.2. The College will actively promote awareness of allergies and anaphylaxis and the safe and appropriate handling of food. For example; Regular discussions with students and staff around allergies, allergy awareness and anaphylaxis, Allergy Awareness week

#### **Related Policies / Documents**

Anaphylaxis and Allergies Policy  
First Aid Policy  
Canteen Policy  
Parent Handbook  
Student Diary

#### **Evaluation**

This policy was created in term 3 of 2015

This policy will be reviewed as part of the College's annual review cycle