

## Rationale

Over exposure to the sun presents a serious health risk. Students must therefore be educated on the need for suitable sun protection and be protected from over exposure to the sun whilst at College.

## Aims

The College's SunSmart Policy aims to;

- a) Raise awareness and educate students as to suitable SunSmart protection strategies.
- b) Encourage students to protect themselves from the harmful effects of the sun.
- c) Develop and instil a positive attitude and culture towards SunSmart practices.
- d) encourage the entire school community to use a combination of sun protection
- e) ensure that families and new staff are informed of the school's sun protection

## Implementation

### 1. Overview

- 1.1. Sun protection is to be used from 'September to the end of April' and applies to all College events both internally and externally;
  - a) Hazel Glen College expects students to wear an appropriate hat in accordance with the college's uniform policy.
  - b) Students are encouraged to wear Australian Standard Sunglasses
  - c) Staff are encouraged to be effective role models by also wearing suitable hats and sunglasses when outside
  - d) Students who do not have an appropriate hat or outdoor clothing will be asked to play in a designated shade area. NO HAT, NO PLAY!
  - e) Students will be actively encouraged to wear a broad spectrum water resistant sunscreen (SPF30+)
  - f) To avoid allergy issues, it is the responsibility of parents to supply sunscreen for their child
  - g) Sunscreen is to be stored in students bags or locker
- 1.2. Sun protective clothing is included in our College uniform / dress code and sports uniform. College clothing is made of close weave fabric and includes shirts with collars and longer sleeves, longer style dresses and shorts and rash vests or t-shirts for outdoor swimming.
- 1.3. The SunSmart policy is to be considered when planning all outdoor events and where possible these events should be scheduled before 11:00am.
- 1.4. To help maintain winter vitamin D levels, sun protection measures are not used in Term 2 and Term 3.
- 1.5. In consultation with the College council, shade provision (including trees) is considered in plans for future buildings and grounds. The College Council will take into consideration adequate shade structures for students as practicable: particularly over high density play areas.
- 1.6. Senior School (Year 9 – 12) students are expected to take personal responsibility to protect themselves from the harmful effects of the sun.

### 2. Promotion & Education

- 2.1. The College newsletter and College assemblies will be used to highlight and reinforce the SunSmart policy

2.2. SunSmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.

2.3. Families and visitors are encouraged to use a combination of sun protection measures.

### Related Policies / Documents

College Uniform Policy

SunSmart Website

Anti-Cancer Council Victoria Website

Occupational Health and Safety Act 2004

Education and Training Reform Act 2006: Sch.5 Reg. 1 (1.2)

### Evaluation

This policy was created in term 3 of 2014

This policy is an interim College policy and will be reviewed as part of the ongoing Middle Years College policy development.